

**C**reate your very own personal holiday programme with our choice of carefully chosen excursions! Each excursion is a highlight in itself: from tours through metropolises, trips through impressive landscapes to action and fun-filled excursions. In many cities you have the opportunity to visit the country and its people with your own personal guide and driver.

We have compiled the excursion programme in conjunction with well-known, local agencies. We arrange the excursions and they are implemented by the local agencies, which are the excursion organisers, and thus also your contractual partners. Your A-ROSA excursion team has tried every excursion. They have explored the cities, the surroundings, museums and castles themselves to provide you with the best experiences so you can look forward to a variety of excursions that will make your holiday unforgettable. The excursions for your cruise can be found on the following pages.

In order to provide you with a better overview of the various options, we have divided our excursions into six categories: Bike, Discovery, Adventure, Family, Exclusive and Gourmet tours. Each is assigned the corresponding symbol.

*We wish you an enjoyable time on shore! Your A-ROSA Team.*

Excursion programme as of 02/2024, subject to change.

## A-ROSA EXCURSION CATEGORIES



### DISCOVERY TOURS

City tours, city walks or sightseeing tours.



### BIKE TOURS

Guided bike tours for an energetic way to explore the region.



### GOURMET TOURS

Sample regional specialities directly from the producers.



### EXCLUSIVE TOURS

Individual and private excursions by van or car with driver and/or private guide.



### ADVENTURE TOURS

Themed tours or excursions with unusual forms of transportation.



### FAMILY TOURS

Exciting and interactive excursions for young and old.

## EXCURSION AGENCIES

DOURO AZUL

Rua de Miragaia, 103

4050-387 Porto, Portugal

## LEVELS OF DIFFICULTY

### ● ○ ○ ○ EASY

An excursion for everyone. For the most part, you'll travel by bus or other means of transport. There are only short, easy walks.

### ● ● ○ ○ MODERATE

The excursion includes longer walks, some of which involve cobblestones or stairs. Pure city walks also fall into this category.

### ● ● ● ○ ADVANCED

Longer city walks or easy hikes are part of the excursion. A certain basic level of fitness is required.

### ● ● ● ● SPORTIVE

Whether hiking or cycling, these excursions require good physical condition, stamina and dexterity.

### Regua

#### STAIRWAY TO HEAVEN OF LAMEGO



Lamego is definitely worth a visit, for it's not just a really charming little town but also one of Portugal's most important pilgrimage sites. Perhaps that's why the main thoroughfare leads right up to the 686 steps that, in turn, come to an end high up at the Santuário de Nossa Senhora dos Remédios. This baroque church with its two towers was built in the 18th century on the site of a smaller 14th-century chapel and is striking from a distance as well as close up. The so called "stairway to heaven" is decorated with several beautiful azulejos and from the top, you can enjoy stunning views of Lamego. Lamego also offers many culinary delights, such as "Bola de Lamego", smoked pork, spinach or fish baked in bread with a glass of sparkling Raposeira wine.

Price: € 52,00 | Duration: approx. 03:30 h



#### A PICNIC AT QUINTA DA PACHECA - A SPECIAL EXPERIENCE WITH A SMALL GROUP



Enjoy the tranquillity of nature with the best view of the vineyards! Quinta da Pacheca is one of the most prestigious and recognized wineries in the demarcated Douro region. The history of the vineyard of this estate dates back to the XVI century. The Quinta has always focused on the production of high quality DOC and Port wines from the Douro. Experience some of these wines during a very special picnic with breathtaking views and a wonderful atmosphere.

Price: € 129,00 | Duration: approx. 03:30 h |  
Note: This excursion is only bookable on request. We recommend that you make a reservation online.



### Pinhao

#### DINNER AT THE QUINTA DA AVESSADA



Enjoy a traditional Portuguese evening at a vineyard near Favaio. The coach will bring you on a plateau, you may relish the ride along grape vines and cork oaks. After arriving at the Quinta da Avesada, you will be welcomed with music and an aperitif, followed by a short visit of the vineyard. Afterwards, you'll be served a traditional Portuguese menu. Usually, this menu serves as a thank you to the harvest hands from the wine maker. Enjoy the relaxed and festive atmosphere and get to know the traditions of the Portuguese culture.

Price: € 0,00 | Duration: approx. 04:00 h |  
Note: This excursion is already included in your cruise package. Nevertheless, please reserve this excursion in order for us to know the final

number of participants.



#### PORT WINE TASTING AT THE QUINTA DA ROEDA



Enjoy a typical port wine tasting by Croft at the Quinta da Roeda this morning. At the Quinta you will have a wonderful view over Pinhão and the beautiful Douro Valley. After a short tour, you may taste something special for this vineyard - the Pink Port.

Price: € 0,00 | Duration: approx. 02:00 h |  
Note: This excursion is already included in your cruise package. Nevertheless, please reserve this excursion in order for us to know the final number of participants.



### Barca d'Alva

#### SPANISH TRADITIONS IN SALAMANCA



The heart of Salamanca is the university because knowledge has been brought from here into the city and the whole world since 1218. Today almost 40,000 students study at the fourth oldest university in the world. Cathedrals have always been not only places of devotion, but also demonstrations of power. As the originally small, old cathedral of Salamanca was no longer representative, it was decided in 1513 to build a new one around it - one of enormous dimensions. They are both impressive. Have you ever drunk coffee in a bullring? On the Plaza Mayor that's no problem. The bullfighters are called "Forcados", but haven't fought here in a long time. Even today, the huge square with its granite floor and mighty archway is a real spectacle - especially when everything is beautifully illuminated in the evening. No wonder, that it is considered to be the most beautiful place in Spain.

Price: € 105,00 | Duration: approx. 09:30 h



#### INSIGHT INTO THE ART OF PREHISTORIC TIMES - THE CÔA MUSEUM



In the mountains of north-eastern Portugal, there is a tributary of the Douro that has a well-known name. It is the Côa, known for the ancient petroglyphs that are scattered along the last stretch of the river. The slate rocks of the valley have been transformed into works of art over the millennia and contain thousands of engraved motifs that are the legacy of the creative instinct of our ancestors. The museum serves as a portal that allows visitors to discover the artistic richness of the Côa and Douro valleys. After the visit to the museum, a lunch awaits you on site. You will then set off by jeep and on foot to the actual rock art sites within the beautiful nature nearby.

Price: € 89,00 | Duration: approx. 05:00 h |  
Note: Limited number of participants - advance reservation is advisable.



### Vega de Terron

#### CASTELO RODRIGO



Figueira Castelo Rodrigo is situated 671 metres above sea level and is one of Portugal's twelve historically significant villages. Surrounded by almond trees, whose blossom brightens the landscapes, it is also known as the "white city". Storks became the symbol of the city, because they spend about nine months every year in this region. The village has typically medieval and narrow streets and facades from the 16th century as well as Manuelistic window

ornaments. It is known for being a place where Jews, Arabs and Christians have coexisted in peace and harmony over the past few centuries. After visiting the ruins of the castle, we walk through the narrow streets of the village, where you can still find numerous traces of the Jewish community. We will also visit the small medieval church and after that you still have enough time to stroll through the village enjoying a coffee and almond specialities.

Price: € 52,00 | Duration: approx. 03:30 h



### Regua

#### THE MATEUS PALACE

The Mateus Palace, still owned by the Count of Vila Real, was built by the architect Niccolo Nasoni in Baroque style. The original furniture and, above all, the exceptional and handcrafted chestnut wooden ceilings make the interior of the palace so unique and take you back to a bygone century. After the guided tour you will visit the famous garden of the palace, an absolute must-see. With its sculptures, ponds and rare trees, it is one of the most beautiful gardens in Portugal.

Price: € 63,00 | Duration: approx. 03:30 h

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#### AS A GUEST OF COUNTESS MARIA - A SPECIAL EXPERIENCE IN A SMALL GROUP

Your hostess is Her Grace Maria Manuel Cyrne, who comes from an aristocratic family based in the Douro Valley and Lisboa. Together with her husband, she is also a Knight of the Order of Malta, a religious-military order founded in the 11th century with the aim of providing humanitarian aid. Countess Maria will welcome you with a smile and open arms and treat you like a member of her family. After a tour of the impressive estate, a lunch prepared by the countess herself awaits you. With every step and every bite, you will feel the magic that Maria spreads with her sense of hospitality.

Price: € 129,00 | Duration: approx. 03:30 h |  
Note: This excursion is only bookable on request. We recommend that you make a reservation online.

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### Leverinho

#### EXPLORE PORTO INDIVIDUALLY - PRIVATE CAR WITH DRIVER FOR UP TO 2 PEOPLE

Are you just travelling as a couple and interested in exploring Porto by yourselves? Then book a private car for two people, which brings you directly from Leverinho to Porto's City Center. You can also book an expert tour guide at the same time if you wish.

Price: € 299,00 | Duration: approx. 03:45 h |  
Note: This excursion is only bookable on request. We recommend that you make a reservation online.

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#### EXPLORE PORTO INDIVIDUALLY - ENGLISH-SPEAKING PRIVATE TOUR GUIDE FOR UP TO 2 PEOPLE

Discover the most beautiful corners of Porto with your private English-speaking tour guide. You determine the tour and your tour guide will adapt to your wishes. Whether you want to explore the famous train station, stroll through the narrow streets of the old town or take a look at the impressive cathedral, have a great time in Porto.

Price: € 339,00 | Duration: approx. 03:45 h |  
Note: This excursion is only bookable on request. We recommend that you make a reservation online.

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### PORTO CITY TOUR



Welcome to Porto, the city that gave its name to one of the finest wines in the world, Port Wine. The city tour takes us along the Douro river to the mouth of the river and further along the Atlantic coast past the noble villa town, Foz do Douro, right into the city centre. Photo stops and explanations at Porto Cathedral in the heart of the old town, at the Palace of Justice near the Clerigus bell tower and at the famous railway station will bring you closer to the city. Here in the middle of the old town, which has been part of the UNESCO World Heritage since 1996, you will also have some free time. Then we cross the landmark of the city, the bridge "Dom Luís I", which was designed by Gustav Eifel, to Vila Nova de Gaja. This town is known for the old warehouses of the winegrowers which exist for over 100 years now. Here we will visit a typical wine cellar and taste the famous port wine.

Price: € 63,00 | Duration: approx. 04:00 h



## Porto

### GUIMARAES



Visiting Guimarães is like stepping into the pages of Portugal's history books. This city at the foot of the Serra da Penha is considered the place where Portugal was first established. Afonso Henriques was born here and in 1139, following a victory over the Moors, he became the first king of Portugal and declared Guimarães his capital. Today, you can still see what the city was like during its heyday. Our excursion will take you to sites such as Guimarães Castle, where Alfonso Henriques spent his youth. This fortress, built in the mid 10th century on the orders of the Galician countess Mumadona Dias, is considered one of the country's best-preserved

Romanesque castles. Just as impressive – and right next door – is the Paço Ducal, a French-influenced palace built in 1420 as the seat of the dukes of Bragança. In the old town, you'll find small, lovingly restored town houses, grand squares and convents interspersed with modern buildings and cafes. The most attractive street is without doubt the Rua de Santa Maria, which takes you from the palace to the central Largo da Oliveira ('Olive tree square') – the perfect place to stop for a couple of original Portuguese pastéis de nata (custard tarts).

Price: € 60,00 | Duration: approx. 04:00 h

