



How Pool is that?

Learn How to Swim on Board the **A-ROSA SENA**!

During the **summer holidays**, children on board the **A-ROSA SENA** have the opportunity to take part in Beginner & Intermediate swimming lessons. We are the first river cruise company to offer a professional **swim course** on board our family ship, where children can even get certificates!

DATES: 05 Aug – 12 Aug 2023 and 12 Aug – 19 Aug 2023
on board **A-ROSA SENA**

AGE OF SWIMMER: Children between the ages of **4.5 and 7**

PRICE PER CHILD: € 100

BEGINNER & INTERMEDIATE COURSES:

- Maximum of 6 participants per course
- 6 swimming lessons per cruise
- Duration of each lesson: 40–50 minutes
- Takes place at the pool on the A-ROSA SENA sun deck
- Lessons are taught by a qualified swimming instructor by the *Wasserlust* swimming school



BEGINNER:

- For children who are completely new to swimming
- Goal: build water confidence and learn first swimming skills and techniques
- Certificate after completing the course

INTERMEDIATE:

- For children who already feel confident in the water and know some basic swimming techniques
- Goal: Improving basic swimming skills and techniques, as well as endurance
- Certificate after completing the course

GENERAL INFORMATION:

- We recommend that you book the swim course in advance (You will be asked to confirm the level of your child's swimming skills beforehand).
- During the first lesson, the swimming instructor uses playful interaction to see if the children meet the requirements for the course.
- Each participant must be in good physical health at the start of the course.
- Participating children must not have any serious illnesses (e.g. organ damage, contagious diseases) that would prevent them from attending the course

TIP: Children aged **15 and under** travel for free in a family cabin (when accompanied by two supervising adults, only applies to the cruise fare).